



Solutions4Health

Fortified Defence

A Super Supplement for Super Bugs!

A Powerful blend of 2 of nature's strongest natural health aids – Wild Oregano and Fresh Olive Leaf Extract.

Oregano Essential Oil is a potent source of Carvacrol which possesses powerful antibacterial, anti-inflammatory, antiseptic and immune boosting properties.

Olive Leaf Extract is a potent source of Oleuropein which possesses several pharmacological properties including antioxidant, anti-inflammatory, antimicrobial and antiviral.

Antibacterial

Anti-inflammatory

Antiseptic

Antifungal

Supports normal heart function

Boosts antioxidant levels

Aids the vascular system

Relief of fever



1st

Australia's First Fortified Defence!

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“Naturally, wild oregano oil has broad spectrum antibacterial activity, much like an antibiotic drug. This has been demonstrated in multiple test tube studies. For example, it stops the growth of the main bacteria responsible for food poisoning and travellers diarrhoea (*E.coli*) and a common bacteria involved in many skin infections (*S.aureus*). Due to its many different effects, wild oregano oil has many varied uses. It has been used orally for respiratory infections such as sinusitis and the common cold, allergies, ear infections and arthritis. Sometimes it is applied topically to treat conditions such as acne, athlete’s foot, dandruff and insect bites.”

References available. To view the article in full (Dr Lesley Braun), please visit our website www.solutions4health.com.au



The first mention of olive leaf’s medicinal use in modern times was in 1843 when Daniel Hanbury of England reported a bitter substance from olive leaf tea was the agent responsible for healing malaria and associated fevers. These findings were reported in 1854 in the *Pharmaceutical Journal*, along with dosing instructions and a recipe for making the curative tea.² In 1898, a strong decoction of olive leaves as cited in *King’s American Dispensary* as helpful in regulating body temperature.³ In the last century, extracts of olive leaf have been studied in both animals and humans and have been found to exhibit strong antimicrobial properties against viruses, bacteria, yeast, and parasites. Olive leaf extract also has numerous cardiovascular benefits, some hypoglycemic activity, and possesses antioxidant activity.

References available. To view the article in full (*Alternative Medicine Review Volume 14 Number 1-2009 – Olive Leaf*), please visit our website www.solutions4health.com.au

Ingredients: Fresh Olive Leaf Extract, Organic Olive Oil, Organic Oregano Oil (*Origanum Vulgare*), Peppermint Oil.

Directions For Use: Shake well before use. Take 5ml in juice once a day or as prescribed by your healthcare practitioner. Not to be used in children under 2 years of age without medical advice. **Cautions:** If symptoms persist consult your healthcare practitioner. If pregnant or breast feeding consult your doctor prior to using. Avoid using if allergic to the mint family of plants. If taking blood thinners consult your healthcare practitioner. Keep out of reach of children and store below 25°C.



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